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# Pavlova Diaries<sup>™</sup>

*Out and About in Notting Hill*

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## Downton Abbey on sea...



[Local Travel Expert Alice Agar extolls the](#)  
[of amazing Mozambique...perfect for Christmas...](#)

It has been weeks since my trip to the islands of southern Mozambique but I am still sand in my hair – the same white sand that was squeaking between my toes on Be Island. There are just three privately-owned luxury beach retreats on this idyllic all spread across the 11km west coast. Each lodge is very different in style; from traditional North African thatched cabanas at Benguerra Lodge, the charming Marli (where you will find the best cuisine on the island), and the large Cape Colony-style villas of Azura Retreats, each with its own private pool.

The lodges all share the same pristine marine nature reserve which surrounds the island provides excellent snorkelling and diving. Activities are on offer from sunrise to duneboarding, fishing (catching sushi for lunch is highly encouraged), dhow sail those all important spa treatments. At low tide you can swim across (or sail in a dhow) your own private sand island – I was lucky enough to wash up on Pansy Island, which is where you find the beautiful shell of the same name. Families will love the Amizade Presidential Villas at Azura, which come with their own private butler and chef (I call it Abbey-on-Sea says Pav – pre war). But for me the highlight was simply wallowing in the temperature azure waters... Sold? Contact Sally and Alice Travel Co. – [home@sallyandalice.co.uk](mailto:home@sallyandalice.co.uk)

[One Response to Downton Abbey on sea...](#)

**Jane Bridgman**

October 10, 2011 at 9:58 am

Many thanks for the picture of the pink 'similar to Langchamp' style bag and silk (blue and pink) wrap that you took (30th Sept). It was great to see the write possibly as a result, one woman came to buy 6 silk scarves from me the followi  
 Fantastic result for me at a time when trade is sluggish in the post-holiday mal.  
 recessionary times we seem to be in..

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